

Fall	Football	Cade Sparks	SparAC@fUSD.net
	Girls Volleyball	Kim Collins	KimCollins716@gmail.com
	Cross Country	(open)	
	Girls Flag Football	Manny Parra	ParrMA@fupreW* n/F17-10(.)16(neE

In accordance with the state of California and the California Interscholastic Federation, the following are provisions for participating in an after-school sports team:

- A student must not reach their 19th birthday on/or before June 14th of the previous year.
- A student must have attended high school for no more than eight (8) semesters after completing the eighth grade.

- The student-athlete must have passed 20 semester credits of schoolwork in the previous grading period.
- The student-athlete must be currently enrolled in 20 semester credits of schoolwork.
- The student-athlete must have attained a 2.00 grade point average on a 4.0-point scale the previous grading period.
- After each grading period, the registrar will publish to the athletic department a list of students who fall below a 2.00 grade point average. The athletic department will communicate to head coaches the ineligible student-athletes for that quarter.

4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students, and their parents / legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Article 523).

All Spartan Athletes are expected to CIF Code of Conduct as well as school and

Hazing is prohibited. Any attempt to hold a "rookie night" or any other type of initiation, even if held privately, will be cause for dismissal from the team. Jurupa Hills High School and the Fontana Unified School District will uphold the dignity of every student. Hazing is unacceptable conduct, as well as illegal, and will not be tolerated.

All campus fundraising must be done through approved Jurupa Hills ASB clubs only. The law expressly forbids fundraising for outside organizations or for individual profit; violators will be disciplined. Only fundraising activities with

Anyone associated with an athletic contest has a responsibility to uphold the highest standards of sportsmanship before, during, and after a contest.

Sportsmanship includes, but is not limited, to the following:

- Show respect for teammates, opponents, and officials.
- Treat opponents as guests in your facility.
- Accept both victory and defeat with grace and dignity.
- Refrain from heckling, jeering, or using profane language.
- Be positive in words and actions.

Parents are the primary role models for their children. It is critical that parents set the best example of sportsmanship, particularly when they are spectators at an athletic contest.

Parents and spectators at Jurupa Hills High School athletic contests are expected to demonstrate good sportsmanship at all times. The administration and staff at Jurupa Hills High School will hold all spectators at our athletic events to the highest standards of good sportsmanship. Spectators who are unable to exhibit the necessary sportsmanship to attend our athletic events may be subject to some or all of the following disciplinary action:

- Verbal reminder
- Removal from the site for the remainder of the contest
- Meeting with Jurupa Hills administration
- Permanent banning from Jurupa Hills athletic contests
- Student-Athlete removed from the team

CIF STATE Bylaw 503. M. and Article 22.C.(1)(2)(3)(4)

If a spectator is ejected from a contest, it is the responsibility of the school to ensure that person does not attend that team's next contest. If the same spectator is ejected a second time, it is the responsibility of the school to ensure that person does not attend any of the remaining contests for that season.

In order to travel with a team, student-athletes must be eligible to compete in the contest to which the team is traveling. The only time athletes may arrive at an athletic contest without traveling in transportation coordinated by the school is: On a Saturday or non-regular school day if school is not in session, then it is the

Uniforms and any equipment issued to the players must be returned in good condition* within one week of the last competition. Players who do not turn in equipment/uniforms will not be allowed to participate in the next sport until it is received, or Jurupa Hills High School has been monetarily reimbursed for the cost of replacement.

*Good condition is defined as usable for the next sports season. Uniforms should not have any tears, rips, holes, or discoloration from improper washing (wash all uniforms in cold water and hang-dry).

To emphasize the importance and great degree of commitment asked of the Jurupa Hills athlete: any student-athlete who quits a team once they have been selected for that team, may not join any other Jurupa Hills team until the

All athletes that have seen a doctor for _____ reason require a _____
_____in order to participate in practice and/or contests. No athletes under
the care of a doctor for an infected wound may participate in practices or
contests without a _____from their attending physician.

No student-athletes may tryout, practice or compete for a team or with a team
until their Athletic Clearance Packet has been completed electronically at
<https://www.athleticclearance.com/>

According to CIF rules, no student-athlete may participate on a non-school
team of the same sport during the same season. This includes leagues,
tournaments, charity games, all-star games, 3-

Each student-athlete who successfully completes and varsity season and meets all varsity criteria will receive a pin.

These certificates are presented to all athletes who were active and consistent members of a particular team on any level.

Varsity Letterman will receive a scholar athlete patch. Lower-level scholar athletes will receive a certificate only. This award is presented to students who have participated in athletics and who have maintained a 3.5-unweighted grade point average (with no F's) during the season of sport.

Fall Sports - Quarter 1
Winter Sports - Semester 1
Spring Sports Quarter 3

\$5 with an ASB Card/ \$20 without ASB Card
\$1 with an ASB Card/ \$5 without ASB Card
- \$2 with an ASB Card/ \$10 without ASB Card